

# A Little Dose of Sunshine

Sunshine Memorial  
Foundation



We hope you enjoy this edition of our Sunshine Memorial Foundation newsletter - A Little Dose of Sunshine. In an effort to keep in touch with our volunteers, event participants, donors and supporters, we bring you this publication and hope to continue to connect on a routine basis.

Enjoy and we welcome your input and suggestions for future publications!!

Fall 2014

Volume 1, Issue 2

## Sunshine Fest 2015 Excitement Heats Up As Plans Are Underway For the 5th Anniversary Event

Five years ago in December, Van and Dee Larson came up with the idea to host a Sunshine Walk/Run event in conjunction with their daughter, Shannon's birthday in January. They had just over five weeks to plan the event. People were pulled together and the event went off as a "success" with about 100 people participating and \$8,000 being raised. This year, Sunshine Fest will celebrate its 5th anniversary and we are excited to see if we can top last year's event participation of nearly 900 people and over \$75,000 raised.

We have a new feature to this year's event called the Stroller Contest, along with the 5K Outdoor Fun Run and 3K Indoor Walk. This year, official timing will be available to the runners and the Kid's Zone will be greatly enhanced with some wonderful prizes, activities, games and more. You won't want to miss the event!!

If you are interested in helping as an event volunteer, you can contact Jerilyn Rethemeier, our Event Chair at 701.402.0229 or Richard Dafoe, our Event Coordinator at 701.213.7017 for ways in which to get involved. We are also looking for families, businesses, departments, clubs, etc. to form teams. It would be great fun for you to design a shirt or costume and come share your team's energy as you walk to support our Fest.

Funds from this year's Fest will continue to support the Sunshine Hospitality Home project that will provide a home away from home for those people traveling to seek medical care in the Grand Forks community. The proceeds from the Fest walkers/runners, along with the raffle prizes, will help us to achieve our goal of providing support for this worthy project. Here are some ways in which you and your families can get involved:

- ◆ Serve as an event sponsor
- ◆ Volunteer on the planning teams or the day of the event
- ◆ Form a team and come walk/run
- ◆ Promote the event with a flyer at your workplace or on Facebook
- ◆ Buy a raffle ticket (great prizes), a board raffle number or donate to some of the items being given away in the general or Kid's Zone raffle
- ◆ Set up a booth at the Health & Wellness Fair
- ◆ Donate—even if you can't be there, you can donate
- ◆ Sell or purchase raffle tickets (see next page for ticket prizes)

The date of Sunshine Fest is Saturday—February 7, 2015 from 9 a.m.—12 noon. Mark your calendars now so you can partake in the fun of this year's event!! For more information on how to get involved or on Sunshine Fest activities, visit our web site at [www.sunshinememorial.org](http://www.sunshinememorial.org)



We hope to see you there because who couldn't use a little more sunshine in February!!

Sunshine Memorial Foundation  
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We are THANKFUL for you! As many of us reflect on what we are thankful for at this time of year, please know that we are thankful for all of your support, dedication, generosity, and positive spirits!  
Sunshine Memorial Foundation certainly feels blessed!

### Sunny People Spotlight: Board Member Dan Fabian

We want to take an opportunity and highlight a “sunny” person. We are grateful to all of our volunteers and friends for all of your hard work. You all bring SUNSHINE to our world. Dan is currently on Sunshine Memorial Foundation’s board of directors. He is a member of the Minnesota House of Representatives who represents District 1A, which includes all of Kittson and Roseau counties, as well as portions of Marshall and Pennington counties in the northwestern part of the state. Dan was first elected to the House in 2010 and re-elected in 2012 and 2014. He has also worked as a teacher, a track and cross country coach at Roseau High School in Roseau, MN and a crop hail insurance claims adjuster.

Dan shares why he is involved with Sunshine Memorial Foundation. “It continues to be very rewarding to be a part of Sunshine Memorial Foundation. The work that is being done to bring the proposed Sunshine Hospitality Home project to fruition will benefit many people from all over the region. A lasting legacy is being created.”



Ticket #	Ticket #	\$10.00
<p>5th Annual <b>Sunshine Fest</b> February 7, 2015</p>		<p>5th Annual <b>Sunshine Fest</b> Raffle Ticket</p> <ul style="list-style-type: none"> <li>• Cozumel, Mexico Trip   2015 Accommodations for one week*</li> <li>• Minnesota Log Home Vacation   2015 Accommodations for one week*</li> <li>• TruYu   A year of Corrective HydraFacials (12) - \$1200 value</li> <li>• Hugo's   \$700 Gift Card</li> <li>• L&amp;M Meats   \$500 Gift Card</li> <li>• CASH   \$500 cash</li> </ul> <p>*some restrictions apply and upgrades available</p>
Name: _____		
Address: _____		
Email: _____		
Phone: _____		
City of Grand Forks Permit # 25250		Permit # 25250

**Interested in buying or helping us sell raffle tickets for Sunshine Fest prizes? These tickets can be purchased from committee members, at the Altru Hospital Gift Shop, at the Sunshine Memorial Foundation office or by calling 701.738.2462. If you would be willing to take a book and sell them on our behalf, we would be so grateful for that help as well!!**

## Making the Connection: The Goal of the CONNECT TEAM

The Sunshine Hospitality Home will be a place of comfort, compassion, and convenience for patients and families in the surrounding communities of Grand Forks. With that in mind, we are establishing volunteer teams (CONNECT) to help us spread the news of this important project! These “hub” teams are located in Devils Lake, Grafton/Park River, Cavalier, Roseau, and the Thief River Falls area to support their surrounding areas.



These teams are reaching out to churches, schools, businesses, service groups, and others to let them know if they or family, friends, or coworkers experience a medical crisis or other need, help is coming.

If you would like to be a part of a CONNECT team in one of these areas, please let us know. The more the merrier!

## Giving Hearts Day 2015

Giving Hearts Day will be Thursday, February 12, 2015! This event is a 24 hour online give-a-thon. On Giving Hearts Day, a chorus of voices, joined with Dakota Medical Foundation and Impact Foundation marketing, creates a flood of compassion, awareness and donations. For more information or to find out how to create a matching gift, please contact Jena at [Jena@sunshinememorial.org](mailto:Jena@sunshinememorial.org) or 701.738.2462.



### Sunshine Memorial Foundation Forms Capital Campaign Team

For the past three years, members and volunteers with Sunshine Memorial Foundation have been traveling throughout the region, speaking about the proposed Sunshine Hospitality Home project. When undertaking a major project such as this, it is important that people understand the need and the plan for the monies to be raised. We have visited businesses, service clubs, interested individuals, and other groups in an effort to generate understanding and knowledge of this project. With much of that work under our belts, we felt primed and ready to form a capital campaign team to actually go out and start soliciting funds from interested donors. We are excited about the people who have joined this effort, either as an active team member or in an advisory role. Watch for more information on those assisting in this capacity in our next newsletter. Suffice to say, we are grateful for the energy, dedication and passion for this project that they bring to the table. We are excited for what we hope will be an energetic and exciting capital campaign to support a worthy project.

### Need a Speaker For Your Service Group, Club or Organization?

Sunshine Memorial Foundation loves to share our message about the proposed Sunshine Hospitality Home project and the plans we have to bring this to fruition. If your business, service club or organization would like to learn more, we would love to provide a speaker to come and visit with you. Members of our staff (Jena or Donovan) or other volunteers involved in the project are available to speak to your organization. We can provide a short summary as a quick overview or present more details and include some video footage as well. We will suit our presentation to your time frame and group's interest. Please call the Foundation office or send an e-mail to [Donovan@sunshinememorial.org](mailto:Donovan@sunshinememorial.org)



## Thankful For the Many Ways of Giving

As we look back over the summer and the last few months, we are thankful for the generous and creative ways that people have found to give money to our Sunshine Hospitality Home project. We will spotlight a few of them here with a special thanks to each and every donor that has said "YES" to this project!!



The Grand Forks Sertoma Club donated a check for \$5,000 to the SMF from their 4th of July raffle and proceeds. Shown here is Joan Schultheis, Chairman of the Board for Sertoma, presenting the check to Jena Pierce of SMF.



Little 7 year old Niska heard her mom telling the story of the Sunshine Hospitality Home project and decided that instead of gifts for HER for her birthday in September, she would like people to give to this project in her honor. She received over \$800 in donations that were given to the SHH project. What an amazing and compassionate young lady and what a joyous way for us to celebrate with her on her birthday!! Thank you, Niska!!



**North Star Quilters Guild**  
Raffle Quilt  
**Comforts of Home**  
75" x 75"  
Drawing October 18, 2014  
Drawing at Alerus Center  
Grand Forks, ND  
Proceeds benefit Sunshine Memorial Foundation and Guild Education.

Winner Need Not Be Present  
Limited number of tickets available.  
Permit # ND 25614

1021  
\$2

The North Star Quilters Guild used their sewing talents to craft a BEAUTIFUL quilt that was raffled off at a fall event. We were so delighted to be one of the recipients of that raffle and admire not only their generosity, but their quilting talents!!

**RED RIVER VALLEY MOTORCYCLISTS**  
**ANNUAL MOTORCYCLE SHOW**  
**ALERUS CENTER - GRAND FORKS**  
**APRIL 12TH & 13TH, 2014**

The Red River Valley Motorcyclists Club was the first group to step up in a big way and say, "WE BELIEVE". They believed in this project. They believed in the vision. And, they believed that they could be a part of making the Sunshine Hospitality Home "come to be". We thank them for their proceeds from the Annual Motorcycle Show over the past two years and for their on-going support of this project. Thank you for believing and for your support!!

While these are only a few of the donations that we are spotlighting, we hope that you know all gifts, in any amount are appreciated and are your way of saying, "I BELIEVE". If you are interested in donating to this project, contact Donovan at 701.388.9357. We will find a way to make your donation be meaningful to you as this project unfolds!!



To keep updated on what is going on with our Foundation, visit us on Facebook and "LIKE" us there!!

If you would like to receive our newsletter electronically, contact Jena at [Jena@sunshinememorial.org](mailto:Jena@sunshinememorial.org) or 701.317.0335. We will get you on our electronic mailing list.

